



## Jewish Family Service of Greater Dallas

5402 Arapaho Road | Dallas 75248  
(972) 437-9950 | [www.JFSdallas.org](http://www.JFSdallas.org)

For 66 years, Jewish Family Service of Greater Dallas has welcomed anyone through our doors regardless of race, ethnicity, religion or the ability to pay. Our mission is to provide professional, effective and affordable mental health and social services that promote lifelong, self-sufficiency and well-being for anyone in need.

Our licensed and professional staff offer a wide range of mental-health and social services, all accredited by the Council on Accreditation.

Get the latest news and information from JFS by joining our email list at [www.JFSdallas.org](http://www.JFSdallas.org) or by texting JFSdallas to 22828.

# JFS PROGRAMS AND SERVICES

## CAREER & EMPLOYMENT

Career Guidance/ Job Search Strategy  
Resume Development  
Verified, Up to Date, Job Leads  
Practice/ Video Interviews  
Testing and Assessment  
Employment Resource Seminars  
Job Search Resource Center  
Networking Groups for: veterans, people aged 50+, young adults

### Additional Services for Those with Disabilities/Special Needs

Assessment of Job Skills  
Assistance with Application, Interviewing, Data Card  
Communication & Telephone Skills Training  
Job Development  
On-the-Job Coaching  
Ongoing Coordination with Employer  
Financial Assessment, Guidance and Coaching

## MENTAL HEALTH/COUNSELING FOR ADULTS

Crisis Intervention  
Psychosocial Assessment  
Safety Planning for At Risk Behaviors (Suicide, Harm to Others, Cutting, Eating Disorders, Substance Abuse)  
Diagnostic Testing and Assessment  
Individual Counseling for Anxiety, Depression, Personal Crisis, Addictions  
Marital Counseling  
Family Counseling  
Parent/Child Support  
Divorce Recovery Counseling  
Psychiatric Assessment, Medication Prescription and Monitoring  
Case Management  
Addiction Management

### Groups

Social Skills  
Divorce Recovery  
Depression  
Mother/ Daughter Workshops  
Abusive Relationships, Men/Women  
Breast Cancer, Women  
Couples Coping with Cancer  
Husbands of Women with Breast Cancer  
Caregivers Support  
Chronically Depressed Individuals & Family  
Grief

### Planned Living Assistance Network of North Texas (PLAN)

Case Management  
Counseling  
Social and Educational Groups for adults with chronic mental illness, Family Support

## FAMILY VIOLENCE INTERVENTION

Crisis Intervention/Assessment  
Transitional Housing for Victims of Crime  
Safety Planning  
Individual Counseling for Adults Affected by Abuse  
Individual Age-Appropriate Play Therapy for Children Affected by Abuse  
Individual Counseling for the Abuser (When Appropriate)  
Legal Consultation  
Employment Assistance  
Parent/Child Counseling  
Community Education & Prevention Programs

### Groups

Women Affected by Abuse  
Children Affected by Abuse  
Men Affected by Abuse

## SERVICES FOR CHILDREN & TEENS

### Including those with Special Needs

Safety Planning for At Risk Behaviors (Suicide, Harm to Others, Cutting, Eating Disorders, Substance Abuse)  
Diagnostic Testing and Assessment  
Psychosocial Assessment  
Neurodevelopmental Assessment  
Individual Age-Appropriate Play Therapy  
Individual Age Appropriate Counseling  
In-School Student Observation  
Psychiatric Assessment, Medication Prescription and Monitoring

### Special Needs Resource Team

Speech-Language Evaluation and Therapy  
School Intervention Specialist  
Occupational Therapy  
Referral to & Coordination with Other Agencies  
Parenting Children with Special Needs  
PERK (Parents Empowered Raising Kids)

### Groups

Anger Management/Bullying Prevention  
Mother/Daughter Workshops  
Social Skills  
Adolescent Girls  
Adolescent Boys  
Children Whose Parents are Chronically / Terminally Ill  
Siblings of the Emotionally, Physically, Psychologically, or Learning Disabled  
Children Affected by Abuse  
Children of Divorce (Teens)  
Children Coping with Divorce or Loss  
Teens Coping with Divorce or Loss

## EMERGENCY ASSISTANCE

Case Management  
Emergency Financial Assistance  
Food Pantry  
Information & Referral

## SERVICES FOR OLDER ADULTS

Assessment of Abilities and Needs  
(Including Activities of Daily Living)  
Care Management  
Lifeline Emergency Response Service  
Emotional Support (Counseling in Home or at JFS)  
Guidance for Adult Children of Older Adults  
Kosher Home-Delivered Meals  
Homemaker Services  
Transportation to Medical Appointments  
Friendly Visitors  
Personal Resource Organizers  
Information and Referral  
Assistance to Holocaust Survivors  
Psychiatric Assessment, Medication Prescription and Monitoring  
Guardianship  
SNAP benefits eligibility and registration  
Services for Adults with Disabilities

### Healing Support

Community Chaplaincy Program  
Grief Support Workshops & Groups  
Chronic Pain Support Group  
Breast Cancer Support Program  
Personal Counseling

### Groups

Caregivers  
Chronic Pain  
Couples Coping with Cancer  
Husbands Whose Wives Have Cancer  
Individuals Coping With Cancer

## VOLUNTEER SERVICES

Cancer Concierge Network  
Centerpieces for Tzedakah  
Clerical Support  
Conference and Event Planning  
Create a Card/ Decorate Food Pantry Bags  
Corporate Sports Challenge  
Diaper Drive/ Personal Hygiene Supplies Drive  
Food Drives/ Food Pantry  
Friendly Visitors  
Special Needs Partnership "Inclusion Experience"  
Job Search Resource Center  
Kosher Home Delivered Meals  
Mobile Food Pantry  
Personal Resource Organizers  
Rabbi Gerald J. Klein HS Intern Program  
Special Events  
The Resale Shop  
Transportation



*If ever asked  
my opinion of  
JFS, I can only  
say how you  
came to aid our  
family in our  
time of tragedy.*



Child Mental Health Services  
clients showed improvement  
after treatment.



Food Pantry Clients  
reported eating at least 2 meals  
per day and prevented hunger.



Older Adult Services clients  
remained independent and living  
in their own homes.



Career and Employment Services  
clients were able to secure a job  
within 6 months.



Family Violence clients created a  
safety plan toward greater physical  
and psychological safety.



Adult Mental Health Services  
clients achieved 2 out of 3  
treatment goals.

**13,000** lives touched  
annually

**22,000** hours of service  
from our **1,400** volunteers

Services available on a sliding-fee  
scale, as low as **\$0**



SERVING ANYONE IN NEED REGARDLESS OF RACE, RELIGION,  
ETHNICITY OR THE ABILITY TO PAY



OFFERING WRAPAROUND CARE TO ADDRESS MULTIPLE NEEDS



UNITED WAY AGENCY



COMMUNITY PARTNER OF THE JEWISH FEDERATION  
OF GREATER DALLAS



NATIONALLY ACCREDITED IN ALL SERVICE AREAS BY THE  
COUNCIL ON ACCREDITATION



OVER 40 COMMUNITY COLLABORATIONS

*I could not have achieved  
this success without you!*



**Jewish Family Service  
of Greater Dallas**  
*An open door to all in need*

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