



Hope Cottage

IS NOW VIRTUAL!



ALL SERVICES OFFERED ARE FREE!

Individual Sessions:

Flexible, one-on-one support based on the client's schedule and individual needs.

Class Sessions:

45-60 minute interactive group classes that teach parenting basics.

Material Assistance:

Available to any client who meets with a case manager (diapers, wipes, etc.)



ELIGIBILITY REQUIREMENTS:

Parents who are expecting a child

OR

Parents who have a child under the age of 3

DUE TO THE PANDEMIC,
ALL SERVICES ARE OFFERED VIA ZOOM OR PHONE!



SOME OF OUR TOPICS INCLUDE:

Effective Communication | Co-Parenting | Decision Making | Healthy Relationships | Understanding Dad | Ages and Stages of Growth | Behavior Management | Dealing with Conflict | Alternatives to Spanking | Car Seat Safety | Nurturing Parenting | Sleep Safety | Building Self-Worth | Dr. Dad | Praising Children | ...and many more!



CONTACT US FOR MORE INFO:



Call us at (214) 681- 9970

OR



Email us at info@hopecottage.org

VISIT WWW.HOPECOTTAGE.ORG FOR MORE SERVICES