



Becoming Mom

*Empowering women on their
journey toward parenthood*



FREE program serving pregnant women

The mission of ChristianWorks is to represent the goodness of God to children and their families by continuing Jesus Christ's example of service.



ChristianWorks for Children®
Building healthy families since 1967

www.christian-works.org

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Fort Worth, Texas 76110
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BecomingMom

What is BecomingMom?

Three specially-designed programs serving pregnant women, all with the common purpose of providing help & support during pregnancy and following delivery. Our services are **free** of charge, confidential and address a wide range of needs. Becoming a parent is a unique experience and our staff is here to help through counseling, parenting classes and mentoring. Through **BecomingMom**, attendees have the opportunity to:

- Meet regularly with a professional counselor about their mental, emotional, physical and spiritual needs.
- Participate in a series of classes designed to prepare new mothers and fathers to welcome their baby and meet their child's needs as they grow & develop. Each session contains practical information and encouragement.
- Be involved in a mentoring relationship and learn from an experienced parent ready to walk alongside them while providing important support and friendship.

Eligible participants for **BecomingMom** are expectant moms and dads, and/or those parenting a child age 24 months or younger.

Learn More:
www.becoming-mom.org