

Overview

Guided Journey Outreach Services is an integrative health care provider dedicated to promoting the emotional and physical wellbeing of our clients. Our services are uniquely crafted to meet the needs of our clients, which results in long-term sustainable outcomes.

Our business enhances the skills needed to function appropriately and independently. Our counselors provide intervention during times of crisis and share valuable information on diagnosis, medications and more. We offer services to children and adolescents.

Our Mission

Guided Journey Outreach Services mission is to improve the lives of individuals by providing high-quality support services that utilize a person-centered approach that allows clients to live self-sufficient and healthy lives.

Our services differ from many other community mental health organizations. Our services delivery strategies provide a comprehensive, holistic, family-driven way of responding to serve mental health or behavioral challenges. With support from our team of qualified professionals, the children and their family's needs are prioritized.

Through this process, we will drive health habits, positive behavior, and develop life-changing habits to help them cope with any of life's various obstacles

Guided Journey Outreach Services

Website: www.gjos.org

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Phone: (469) 730-6019

**“Leading The Way
To A Better You!”**





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Medication Training & Support

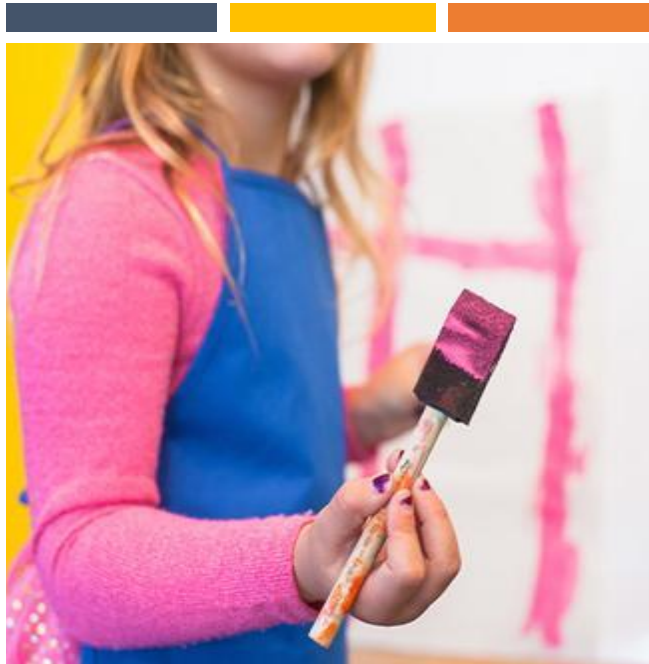
- Learn about the mental health diagnosis
- Have support to reduce symptoms related to the mental health disorder.
- Learn about the medication and how they can help reduce symptoms related to the mental illness.

Crisis Intervention

Crisis Intervention Involves Three Components:

- The Crisis, the perception of an unmanageable situation.
- The individual or group in crisis and the case manager who provides aid.
- Crisis intervention requires that the person experiencing crisis receives timely and skillful support to help cope with his/her situation before future physical or emotional deterioration occurs.

Our Services



**There are no problem children.
There are only children with
problems who need guidance to
overcome those challenges**

- Lelia Schott

Skills & Training Development

Goal-directed training and support to enable restoration of an individual to the highest level of baseline functioning to achieve and maintain community stability and independence in the most appropriate, least restrictive environment. The service provides face to face activities, interventions, and goal-directed training that is designed to restore functioning that is defined in the individual service plan.

Target Case Management

Helps achieve beneficiary wellness through communication, education, services identification, and referral. It is a time-limited process that provides an organized structured process for moving clients through the process of change towards the goal of self-sufficiency. Case management includes services that assist eligible individuals to gain access to needed medical, social, educational, and other services.