

PROMOTING FIRST RELATIONSHIPS

Nurturing Social & Emotional Development

Family Support Coaching Provides:

- Free in-home and virtual services to empower families and to promote healthy child development and behaviors.
- Early childhood parent education.
- Ways to strengthen family relationships.
- Connections for families to community resources that meet their needs.

Promoting First Relationships:

- Helps families in building strong connections.
- Works to promote secure attachments to ensure healthy outcomes for children.

Eligibility:

Families/caregivers with children ages 0-6 living in Tarrant County.

To connect with a family support coach,
call 844-NTX-KIDS (844-689-5437).

For more information on Help Me Grow,
visit www.HelpMeGrowNorthTexas.org.

